

What patients are at higher risk of falls?

- Admission to hospital with fall or a history of falls in the past 6 months requiring hospital attendance
- Altered mental status or cognitive impairment
- Poor vision
- Known or apparent difficulty with mobility or transfers

PLEASE
TELL US



CareFlight encourages you to “Please Tell Us” if you feel unsafe, see anything unsafe, or have any questions or concerns regarding your care, or the care of the person you are with.

Feedback

We welcome compliments, comments, and complaints in order to ensure we continue to provide high quality care to you. You can provide your feedback through the following means:

1. Emailing us on clinical-feedback@careflight.org
2. Scanning the QR code below
3. Asking a CareFlight staff member to submit feedback on your behalf

If you need an interpreter or information about your care in a different language, please contact us.



SCAN ME

Contact Us

CareFlight Ltd

GPO BOX 9829
IN YOUR CAPITAL CITY

NSW | 02 9843 5100
NT | 08 8928 9777

info@careflight.org

www.careflight.org

MS-304-04



CareFlight Falls Prevention



What can you do to help reduce the risk?

- If you feel unsteady or unable to walk alone please ask for help. A CareFlight clinician will walk with you until you feel safe and on-board the aircraft.
- Use handrails when mobilising in and out of vehicles and aircraft.
- Wear sensible well-fitting footwear when walking to the transport. Ensure if possible that the footwear has a low heel and can be fastened so that you are not likely to slip when walking.
- Loose clothing should be secured to prevent trip hazards.
- If required, glasses/contact lenses should be used when mobilising.



How does CareFlight prevent falls?

- Members of staff involved in your care are trained in falls prevention and management.
- Pre-transport the attending CareFlight clinician will assess your mobility and risk of falls in accordance with the:
 - Falls Prevention and Management Procedure
 - Falls Risk Assessment Tool
- If the assessment indicates that you are at risk of a fall; the clinician will develop a plan to minimize this risk.
- This plan will be discussed and agreed with you and written into your medical record.
- Sometimes we may use a stretcher to load a patient onto the aircraft if we believe that they are unable to safely board using the stairs.



This leaflet aims to answer your questions about the way CareFlight manages the risk of patients falling whilst in our care.

If you have any further questions, please speak to the CareFlight clinician caring for you during your transport.

